UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
GENERAL NURSING SCIENCE DEPARTMENT

RE-SIT EXAMINATION
JUNE 2018

COURSE NAME: INTRODUCTION TO COUNSELING
COURSE CODE: GNS 210
TOTAL MARKS: 75
ALLOCATED TIME: 2 HOURS
TOTAL NUMBER OF PAGES INCLUDING COVER PAGE: 2

INSTRUCTIONS:
• ANSWER ALL QUESTIONS
• EACH QUESTION CARRIES 25 MARKS
• ANSWER EACH QUESTION ON A NEW PAGE
• WRITE CLEARLY

DO NOT OPEN THE PAPER UNTIL INSTRUCTED BY THE INVIGILATOR
QUESTION 1 (Total= 25 marks)
1.1 Describe phatic communication, and how it can negatively affect the counseling relationship? (5).
1.2 Compare and contrast the psychodynamic and the gestalt theories of counseling focusing on the:
   1.2.1 Major principles, (4)
   1.2.2 Therapy process, (8)
   1.2.3 Requisite Therapist's Behavior (6)
   1.2.4 Limitations of the theory in counseling. (2)

QUESTION 2 (Total= 25 marks)
2.1 Draw the algorithm for HIV testing to obtain the accurate results (9)
2.2 Explain how self awareness can be cultivated making reference to the various forms of knowing about self (12)
2.3 Explain how the Swazi culture can influence counseling (4)

QUESTION 3 (Total = 25)
3.1 Discuss the five Guiding Principles for HTC (HIV Testing and Counseling) as adopted by the Kingdom of Swaziland. (15)
3.2 Explain the ethical principles that should be observed by the nurse during counseling. (10)

GOOD LUCK!!!