

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF MIDWIFERY SCIENCES
FINAL EXAMINATION PAPER; MAY, 2018**

**TITLE OF PAPER : NORMAL PUERPERIUM AND POSTNATAL CARE
COURSE CODE : MID 403
DURATION : TWO (2) HOURS
TOTAL MARKS : 75**

INSTRUCTIONS:

- 1. ANSWER ALL QUESTIONS**
- 2. FIGURES IN BRACKETS INDICATE MARKS ALLOCATED TO EACH PART OF A QUESTION**
- 3. BEGIN EACH QUESTION ON A NEW PAGE**
- 4. QUESTIONS DO NOT CARRY EQUAL MARKS**
- 5. USE BULLETS FOR ANSWERING, WHERE APPLICABLE**

**THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION IS GRANTED BY
THE INVIGILATOR**

Question 1

1.1 Explain the midwifery management of the following disorders of the puerperium:

1.1.1 Perineal pain (5)

1.1.2 Headaches (5)

1.2 Explain the possible factors that affect the psychological status of women in the immediate post partum period (16)

Eight responses expected, with rationales.

[26]

Question 2

2.1 Explain how the midwife should assess the newborn's condition immediately after birth (6)

2.2 Discuss midwifery interventions that can be implemented to prevent infection of the newborn after birth (10.5)

Ten expected responses. ½ mark for fact and ½ mark for the rationales

2.2 Discuss the maternal physiological changes with reference to the endocrine system (11.5)

[28]

Question 3

Discuss the care of a mother and her baby girl in the post natal ward within the immediate post partum period. The mother had a natural birth, is HIV negative and has chosen to breastfeed her baby (21).

Twenty one expected responses. ½ mark for fact, ½ marks for rationale

TOTAL [75 MARKS]