

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
MAIN EXAMINATION MAY 2018
COURSE TITLE: NORMAL PSYCHOLOGICAL DEVELOPMENT II

COURSE CODE: NUR 453

TIME ALLOCATED: 2 HOURS

TOTAL MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1. PLEASE WRITE LEGIBLE**
- 2. PLEASE ANSWER ALL QUESTIONS**
- 3. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS**
- 4. START A NEW QUESTION IN ON A NEW PAGE**
- 5. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY**

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER REPRESENTATIVE

Question 1

(a) Primary mental health care is providing essential mental health care which is universally accessible to individuals, families and communities. Describe two advantages and three reasons for integrating primary mental health care services for our country.

(10)

(b) Illustrate three challenges faced by mental health services in Swaziland and how the mentioned challenges make it impossible to achieve accessible, comprehensive and client centred services.

(15)

[25 Marks]

Question 2

(a) Discuss five advantages of de-institutionalization

(10)

(b) Explain how the provision of primary mental health care services in Swaziland can reduce the number of relapses.

(12)

(c) Define primary mental health care and why do we need primary mental health care

(3)

[25 Marks]

Question 3

(a) Apply Ottawa charter health promotion action areas in improving mental health for individual, families and communities.

(15)

(b) Discuss how the introduction of school mental health service can improve normal psychological development and hence prevent mental illness.

(10)

[25 Marks]