UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING SCIENCE YEAR 5

FINAL EXAMINATION PAPER DECEMBER 2017

TITLE OF PAPER : TREATMENT AND MANAGEMENT MODALITIES FOR MENTAL HEALTH PROBLEMS I

COURSE CODE : NUR 554

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION : 75

INSTRUCTIONS : THIS PAPER CONSISTS OF THREE QUESTIONS. ANSWER ALL QUESTIONS.

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.
QUESTION 1

In the Christian point of view the concept of being non-judgemental by a therapist can be observed in patients’ responses to therapy through faith, hope and love. Discuss as to how faith, love and hope can be reflected from patients’ responses to therapy.

a) Love (10 marks).

b) Hope (10 marks)

c) Faith (5 marks)

QUESTION 2

Rogers and Sanford provide ten characteristics of the client-centred therapy. (a) In your own opinion discuss these characteristics and give two examples of real life applications for each characteristic. (b) Give five reasons supporting that client-centres psychotherapy is bad for clients.

a) Real life application of characteristics (20 marks).

b) Badness of client-centred psychotherapy (5 marks).

[25 marks]

QUESTION 3

The five parts of an individual are essential entities during psychotherapeutic interventions. Discuss how a therapist can utilize the physical, psychosocial and spiritual during psychotherapy.

a) Physical. (10 marks)

b) Psychosocial. (10 marks)

c) 5 marks for Spiritual (5 marks)

[25 marks]