

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES  
BACHELOR OF NURSING SCIENCE YEAR 5  
SUPPLEMENTARY EXAMINATION PAPER JULY 2018**

**TITLE OF PAPER : TREATMENT AND  
MANAGEMENT MODALITIES  
FOR MENTAL HEALTH  
PROBLEMS**

**COURSE CODE : NUR 555**

**TIME ALLOCATION : 2 HOURS**

**MARKS ALLOCATION : 75**

**INSTRUCTIONS : THIS PAPER CONSISTS OF  
THREE QUESTIONS. ANSWER  
ALL QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.**

### QUESTION 1

Assimilation and accommodation, play very important role in influencing some development cognitively, psychosocial and emotional. Discuss how assimilation influences cognition, psychosocial and emotional parts of the individual during psychotherapy.

- A) Cognition (10 marks).
- B) Psychosocial (10 marks)
- C) Emotional (5 marks)

### QUESTION 2

Certain factors can cause impairment of child growth and development among young individuals. Discuss how negative accommodation, poor interaction and spiritual development can cause poor mental health promotion in children.

- a) Negative accommodation (10 marks)
- b) Poor interaction (10 marks)
- c) Spiritual development. (5 marks)

### QUESTION 3

Positive promotion of mental health of individuals can be severely affected by certain factors during pregnancy and post-delivery. Discuss how violence during pregnancy, poor nutrition during pregnancy and lack of good caring during infancy can affect the positive promotion of mental health, among individuals?

**25 marks]**