

**UNIVERSITY OF ESWATINI  
FACULTY OF HEALTH SCIENCES  
BACHELOR OF NURSING SCIENCE YEAR 4**

**FINAL EXAMINATION PAPER DECEMBER 2018  
TITLE OF PAPER: THEORETICAL DEVELOPMENT OF MENTAL  
HEALTH NURSING**

**COURSE CODE : CHN 401**

**MARKS ALLOCATION: 75**

**TIME ALLOCATION : 2 HOURS**

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE  
QUESTIONS.  
ANSWER ALL QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD  
TO DO SO.**

### QUESTION 1

A preschool should be conducive for appropriate growth and development of children. Discuss five issues that are important to observe for proper development of children at preschool.

{25 marks}

### QUESTION 2

Personality weakness leading to lack of confidence and negative feelings about self is very dangerous for individuals. Using the concept of the five parts of an individual discuss the evidence of personality weakness that may act as stumbling blocks in everyday life development of individuals. Each part discussed is five (5 marks).

{25 marks}

### QUESTION 3

1.1 Match the following defense mechanisms below against their definitions by writing the letter of the definition against the number of the defense mechanism, (for example 1=x). Please note that this part is (10 marks)

DEFENCE MECHANISM	DEFINITION
1. Sublimation	A. Semi-conscious way to fulfill wishes that cannot be gratified in reality.
2. Altruism	B. Getting rid of threatening thoughts or motives.
3. Projection	C. Feelings transferred from one objects or person to another safer object or person.
4. Suppression	D. Defending self from unacceptable urges by overtly taking the diametrically opposite stance.
5. Anticipation.	E. Modification of one's sense of identity in order to deal with stress.
6. Dissociation	F. Realistic planning for future discomfort.
7. Reaction information.	G. Conscious or semi-conscious decision to post-pone thinking about
8. Displacement.	
9. Repression.	
10. Fantasy.	

	<p>something for a time but to remember to confront and handle later.</p> <p>H. The misattribution of a person's undesired thoughts, feelings or impulses onto another person who does not have those thoughts, feelings or impulses.</p> <p>I. Gaining gratification by being of genuine service to others and thereby getting satisfaction from the fact they are benefiting.</p> <p>J. Needs that are unacceptable according to society's standards are gratified in a way that is socially acceptable.</p>
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1.2 Helping individuals to accomplish their need has to be done a holistic manner. Discuss how lack of understanding of (a) individual holism and (b) societal holism could jeopardize the adequate and holistic handling of individuals' concerns as an individual.

a) Individual holism (10marks)

b) Societal holism (5marks)

(25 marks)