UNIVERSITY OF SWAZILAND

FACULTY OF HEALTH SCIENCES

DEPARTMENT OF COMMUITY HEALTH NURSING SCIENCE

FINAL EXAMINATION: DECEMBER 2018

COURSE TITLE: PRIMARY MENTAL HEALTH CARE

COURSE CODE: CHN 403

TIME ALLOCATED: 2 HOURS

TOTAL MARKS ALLOCATED: 75

INSTRUCTIONS:

1. PLEASE WRITE LEGIBLE

2. PLEASE ANSWER ALL QUESTIONS

3. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS

4. START A NEW QUESTION IN A NEW PAGE

5. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER REPRESENTATIVE

QUESTION 1

1.1 The Psychiatric nurse uses a number of techniques in the rehabilitation of patients suffering from schizophrenia, explain how development and follow up of Support groups, Case management and utilization of community resources can promote the rehabilitation of such patients.

[15]

1.2 Community mental health care services are effective when the patient receives mental health services where the client lives or work. Describe the advantages of De-institutionalization in the care of the mentally ill and how de-institutionalization can promote community mental health approach.

[15]

QUESTION 2

2.1 Discuss the components of the primary mental health care

[15]

2.2 understanding the scope of mental primary mental health care describe the management of a client with suicidal ideation:

2.2.1 Management of the client with suicidal ideation (5Marks)

2.2.2 Management of the family members of the client with suicidal ideation (5Marks)

2.2.3 Promotion of mental health and prevention of suicide (5Marks)

[15]

QUESTION 3

Young people are faced with a number of mental health challenges. Describe how you would commemorate Mental Health day in your local community: Theme "Mental Health and Young People in the changing world"

[15]