

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
FIRST SEMESTER FINAL EXAMINATION
NOVEMBER-DECEMBER 2018

COURSE CODE: NUR 520

COURSE TITLE: COMMUNITY HEALTH NURSING III

TIME ALLOWED: 2 HOURS

MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1. This paper has a total number of three questions**
- 2. Answer all the three questions**
- 3. Read the questions with a clear understanding**
- 4. Give relevant answers to the questions**
- 5. Write legibly**

Do not open this question paper until permission to do so has been given by the invigilator

QUESTION 1

In this era of life threatening illnesses, a few families demonstrate healthy characteristics.

- a) How does Whall define the concept *family*? Motivate why it is so defined (1)
- b) Describe the family according to the Family Developmental Model (2)
- c) Describe two characteristics of a healthy family (4)
- d) Describe three (3) commonly occurring life threatening illnesses found in families (6)
- e) Discuss four reasons that make community health nurses work with families (12)

TOTAL = 25 MARKS

QUESTION 2

When providing care to families, community health nurses may use the following approaches: *family as a component of society, family as a client and family as a social system*. Define each of the approaches and motivate your responses.

- a) Family as a component of society (2)
- b) Family as a client (2)
- c) Family as a context (2)
- d) In Community Health Nursing, the family is viewed as a social system. Using three [3] points, discuss why a family is viewed as a social system (9)
- e) Each family is made up of several structural components which may positively or negatively influence family health
- f) Discuss how the following structural components may negatively influence family health:
 - i) Family belief system (3)
 - ii) Family communication patterns (3)
 - iii) When working with families, it is observed that one of the most interesting of the socio-cultural dimension is role enactment (process of performing) within families. Define a role and give three (3) roles that may be enacted by an adult female in a family (4)

TOTAL = 25 MARKS

QUESTION 3

Read the given passage below with understanding and answer the questions that follow.

Mr and Mrs Mangweni, who are both in their late 50s, have been blessed with four children: an 18 year old girl, a 15 year old boy, an 11 year old boy and lastly, a 6 year old girl. The eighteen year old girl is a day scholar at a nearby high school and she is doing Form V while the fifteen year old boy is doing Form III in the same school. The 15 year old boy has started misbehaving and has joined a group of rowdy boys in his community. His school grades have drastically dropped and this worries his parents as he is about to sit for his Junior Certificate (J.C.) examinations

- a) State the family developmental stage the family is in and motivate your response (2)
- b) Discuss four (4) health concerns that the family may have at the family developmental stage mentioned in (a) (12)
- c) Describe two developmental tasks the family has to achieve for the developmental stage mentioned in (a) (4)
- d) Describe three (3) resources you would recommend to the couple in order to assist them in reducing the stress they are experiencing (6)
- e) Identify any one health concern the family might have as regards to the three year old girl (1)

TOTAL = 25 MARKS