

**UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING SCIENCE YEAR 5**

FINAL EXAMINATION PAPER DECEMBER 2018

**TITLE OF PAPER : TREATMENT AND MANAGEMENT
MODALITIES FOR MENTAL HEALTH
PROBLEMS I**

COURSE CODE : NUR 554

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS. ANSWER ALL
QUESTIONS.**

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

Cognition, Behaviour and Affection are important key elements of psychotherapy. These components can be used during psychotherapy process. Discuss the importance of the following concepts in psychotherapy:

- | | |
|---------------|------|
| 1.1 Cognition | (10) |
| 1.2 Behaviour | (10) |
| 1.3 Affection | (5) |

[25 marks]

QUESTION 2

The five parts of an individual are essential entities during psychotherapeutic interventions. Discuss how a therapist can utilize the physical, psychosocial and spiritual during psychotherapy.

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|------------------|-----------|
| 2.1 Physical | (10marks) |
| 2.2 Psychosocial | (10marks) |
| 2.3 Spiritual | (5marks) |

[25 marks]

QUESTION 3

In the Christian point of view the concept of being non-judgemental by a therapist can be observed in patients' responses to therapy through faith, hope and love. Discuss how faith, love and hope can be reflected from patients' responses to therapy.

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|-----------|------------|
| 3.1 Love | (10 marks) |
| 3.2 Hope | (10 marks) |
| 3.3 Faith | (5 marks) |

[25 MARKS]