

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES  
BACHELOR OF NURSING SCIENCE YEAR 4**

**FINAL EXAMINATION PAPER DECEMBER 2019**

**TITLE OF PAPER : NORMAL PSYCHOLOGICAL  
DEVELOPMENT 1**

**COURSE CODE : NUR 452/CHN455**

**TIME ALLOCATION : 2 HOURS**

**MARKS ALLOCATION : 75**

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE  
QUESTIONS. ANSWER ALL  
QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.**

### QUESTION 1

Preschool should be conducive for appropriate growth and development of children. Discuss the importance of five issues that are essential to observe for proper development of children in preschool.

[25 marks]

### QUESTION 2

Personality weakness leading to lack of confidence and negative feelings about self is very dangerous for individuals. Using the concept of the five aspects of personality, discuss the evidence of personality weaknesses that may act as stumbling blocks in everyday life of individuals.

[25 marks]

### QUESTION 3

3.1 Match the following defence mechanisms bellow against their definitions by writing the letter of the definition against the number of the defence mechanism, (for example 1=x). Please note that this part is **(10 marks)**

DEFENCE MECHANISM	DEFINITION
1. Sublimation	A. Semi-conscious way to fulfil wishes that can not be gratified in reality.
2. Altruism	B. Getting rid of threatening thoughts or motives.
3. Humour	C. Feelings transferred from one object or person to another safer object or person.
4. Suppression	D. Defending self from unacceptable urges by overtly taking the diametrically opposite stance.
5. Anticipation.	E. Modification of one's sense of identity in order to deal with stress.
6. Dissociation	F. Realistic planning for future discomfort.
7. Reaction information.	G. Conscious or semi-conscious decision to post-pone thinking about something for a time but to remember to confront and handle later.
8. Displacement.	
9. Repression.	
10. Fantasy.	

	<p>H. Overt expression of feelings in a way that mask the discomfort and pain of the feelings and makes it possible talk about things that would be otherwise too painful.</p> <p>I. Gaining gratification by being of genuine service to others and thereby getting satisfaction from the fact the they are benefiting.</p> <p>J. Needs that are unacceptable according to society's standards are gratified in a way that is socially acceptable.</p>
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**(10 arks)**

3.2 Helping individuals to accomplish their needs has to be done in a holistic manner. Discuss how lack of understanding of (a) individual holism and (b) societal holism could jeopardize the adequate and holistic handing of individuals' concerns.

(a) Individual holism (10 marks).

(b) Societal holism (5 marks).

**[25 marks]**