

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING SCIENCE YEAR 4**

SUPPLEMENTARY EXAMINATION PAPER JANUARY 2020

**TITLE OF PAPER : NORMAL PSYCHOLOGICAL
DEVELOPMENT 1**

COURSE CODE : NUR 452/CHN455

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION : 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS. ANSWER ALL
QUESTIONS.**

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

There seems to be a problem regarding the holistic promotion of normal psychological growth and development of school going children in Swaziland. This is due to the fact that mental health professionals (psychologists, psychiatric nurses and mental health social workers) are not deployed in schools. Therefore, the normal psychological growth and development of school going children has been grossly compromised. As a result, children are being disturbed and sometimes wrecked by these problems in schools. Discuss three solutions that can help to minimize or totally eradicate this situation. Label these solutions (a), (b) and (c).

- 1) Solution a (10 marks).
- 2) Solution b (10 marks).
- 3) Solution c (5 marks).

[25 marks]

QUESTION 2

The care givers who are caring for orphans may not be adequately trained in mental health promotion. They may handle the orphans without knowing who they are. Discuss why care givers who are caring for orphans should be enhanced in mental health promotion, counselling and psychological growth and development in children.

- a) Psychological growth and development of children (10 marks).
- b) Counselling in children/orphans (10 marks).
- c) Mental health promotion for orphans (5 marks).

[25 marks]

QUESTION 3

The accomplishment of educational excellence, social confidence and self assertiveness is essential for individuals in successful prevention and control of HIV and AIDS. Discuss clearly how educational excellence, social confidence and self assertiveness can help in the prevention and control of HIV and AIDS among individuals.

- a) Educational excellence. (10 marks).
- b) Social confidence. (10 marks).
- c) Self assertiveness. (5marks).

[25 marks]