



UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF MIDWIFERY SCIENCES
RESIT EXAMINATION: JANUARY 2020

TITLE OF PAPER : NORMAL PUERPERIUM AND POSTNATAL CARE
COURSE CODE : MWF403
DURATION : TWO (2) HOURS
TOTAL MARKS : 75

INSTRUCTIONS:

- 1. ANSWER ALL QUESTIONS**
- 2. FIGURES IN BRACKETS INDICATE MARKS ALLOCATED TO EACH PART OF A QUESTION**
- 3. BEGIN EACH QUESTION ON A NEW PAGE**
- 4. QUESTIONS CARRY EQUAL MARKS**
- 5. USE BULLETS FOR ANSWERING, WHERE APPLICABLE**
- 6. THIS PAPER CONSISTS OF THREE PAGES**

THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION IS GRANTED BY THE INVIGILATOR

Question 1

1.1 The following are matching items. Match the items on Column A with the responses on Column B. For example, write 1.1.20- C. Only 1 match is allowed per item.

Column A	Column B
1.1.1 Period begins after childbirth and lasts up to 24 hours	A. Caput succedaneum
1.1.2 A sub periosteal haemorrhage limited to the surface of one cranial born, does not cross a suture line, and is a result of trauma	B. Moulding
1.1.3 When a neonate is stroked on the cheek, the head is turned towards the stimulus	C. Early post partum period
1.1.4 Begins from day 2 to day 7 after childbirth	D. Cephalhaematoma
1.1.5 After childbirth, the diameter shrinks from 20cm to 7.5 cm	E. Immediate post partum period
1.1.6 Never returns to initial shape and size after childbirth	F. Rooting reflex
1.1.7 Overlapping of foetal skull sutures that occurs during labour and childbirth	G. Landau reflex
1.1.8 Swelling commonly observed on the baby's skull after vaginal delivery, caused by pressure exerted on the foetus scalp by the uterus or cervix during labour	H. Perineal muscles
1.1.9 When neonate is placed on stomach, their back arches and head raises	I. Cervix

1.1.10 Regain their tone after 5-6 weeks post childbirth	J. Placental site
	K. Sucking reflex
	L. Uterus

(10)

The following questions are short answers

1.2 Describe the principles that should be followed before and during examination of the neonate, including the environment (11)

1.3 State the significance of weighing newborns at birth (4)

(25)

Question 2

2.1 Explain how the midwife can prevent infection of neonates in the post partum ward (9)

2.2 Explain to a group of midwifery students the physiological changes that neonates undergo after birth, with specific reference to the reproductive system (8)

2.3 Explain the processes of lactogenesis and galactopoiesis (8)

(25)

Question 3

3.1 Describe the care of the mother and neonate before discharge in the post partum ward (18)

3.2 Explain how the midwife should manage a woman who presents with anxiety and tiredness in the immediate post partum period (7)

(25)

Total [75 Marks]