

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
FINAL EXAMINATION FIRST SEMESTER**

NOVEMBER 2019

COURSE TITLE : COMMUNITY HEALTH NURSING I
COURSE CODE : NUR 405
MARKS ALLOWED : 75
TIME ALLOWED : 2 HOURS

INSTRUCTIONS:

- 1) THIS PAPER CONTAINS 3 QUESTIONS: ANSWER ALL.**
- 2) READ THE INSTRUCTIONS AND QUESTIONS CAREFULLY.**
- 3) EACH QUESTION HAS A WEIGHT OF 25 MARKS.**
- 4) WRITE NEATLY AND LEGIBLY.**
- 5) WRITE YOUR PROGRAMME ON COVER OF YOUR ANSWER BOOK.**

**DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION IS GRANTED BY
THE INVIGILATOR.**

QUESTION 1

1.1 Community Health Nurses play an integral role of lobbying for allocation of resources and also help shape health policies. Using the four (4) policy formulation steps, describe the actions that you as a Community Health Nurse would take to ensure that a health public policy for safe water supply in your rural community is enacted. (3 marks per step)

1.2 In Community Health Nursing, clients are regarded as **equal partners**. Discuss this principle under the following sub-headings:

- a. Team work (2 marks)
- b. The role of the nurse (2 marks)
- c. Policy formulation (2 marks)
- d. Principle of autonomy (2 marks)

1.3 Discuss the role of Community Health Nurses in fostering community participation/involvement in community mobilisation for change. (5 marks)

Total= 25 Marks

QUESTION 2

2.1 Describe how you would assess the following five (5) areas when assessing the cultural characteristics of a community?

- a. Ethnic background (2 marks)
- b. Language and communication patterns (2 marks)
- c. Cultural values (2 marks)
- d. Religious beliefs (2 marks)
- e. Health beliefs (2 marks)

2.2 Discuss how the economic inequity experienced by communities can impact negatively on health. (5 marks)

2.3 In your experience with working with communities, you have noticed that different communities have rites and rituals inherent in those areas. Discuss how these different rites and rituals may impact health positively and how they can be encouraged; and also negatively and how they can be discouraged. (10 marks)

Total =25 Marks

QUESTION 3

Communities are impacted negatively by several determinants, one of which is *lifestyle*. Young people as an aggregate of interest in the population are one group particularly affected by behaviours that put them at risk such as alcohol abuse and early sex. This becomes a stressor to the community they belong to. Utilise Betty Neuman's System's Model nursing process to guide your interventions to assist these young people have a better life and better health outcomes.

- 3.1 What would be your goal as a nurse? (1 mark)
- 3.2 Following assessment of this aggregate, describe any three(3) stressors that you would possibly find they are faced with. (6 marks)
- 3.3 Using the three (3) levels of prevention, plan interventions and evaluation strategies according to Neuman's System's Model
- a. Primary prevention (6 marks)
 - b. Secondary prevention (6 marks)
 - c. Tertiary prevention (6 marks)

Total =25 Marks