

UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
RE-SIT EXAMINATION
JUNE 2021

COURSE TITLE: PRIMARY MENTAL HEALTH NURSING
COURSE CODE: CHN403
TIME ALLOCATED: 2 HOURS
TOTAL MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1. PLEASE WRITE LEGIBLE**
- 2. PLEASE ANSWER ALL QUESTIONS**
- 3. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS**
- 4. START A NEW QUESTION IN ON A NEW PAGE**
- 5. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY**

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER REPRESENTATIVE

QUESTION 1

- a) Describe the five action areas for mental health promotion as applied by the Ottawa Charter for Health Promotion (1986).

(15 Marks)

- b) Three strategies to drive the action areas for mental health promotion by nurses have been identified. Describe how the mental health nurse can influence health promotion through:

- i) Advocate
- ii) Enable
- iii) Mediate

(10 Marks)

QUESTION 2

- (i) Describe five stumbling blocks against mental health promotion of children in Eswatini

(10 Marks)

- (ii) Describe how a mental health nurse can utilise the principles for integrating mental health care services, in dealing with the identified challenges of primary mental health care

(15 Marks)

QUESTION 3

- (i) School mental health based interventions improve the mental wellbeing of the child and improve academic performance.

Debate clearly the truthfulness of this statement, providing: 5 points

(5 Marks)

(ii) Using the three level of prevention, how can Primary Mental Health Care be the solution for overcrowding in the psychiatric hospital
(5 Marks)

(iii) De-institutionalization can have positive impact for primary mental health care implementation for the individual, the family and community; discuss the positive impact on the individual, the family community

(15 Marks)