

**UNIVERSITY OF ESWATINI  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCES  
BACHELOR OF NURSING SCIENCE YEAR 4 (IDE)  
RE-SIT EXAMINATION PAPER 2021**

**COURSE CODE : CHN455**

**COURSE TITLE : NORMAL  
PSYCHOLOGICAL  
GROWTH AND  
DEVELOPMENT 1**

**TIME ALLOCATION : 2 HOURS**

**MARKS ALLOCATION : 75**

**INSTRUCTION : THIS PAPER CONSISTS OF  
THREE QUESTIONS.  
ANSWER ALL QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.**

## QUESTION 1

There seems to be a number of mental health problems that cause some setbacks in the promotion of mental health in Eswatini. Discuss the impacts /influence of the following factors on the promotion of mental health of children in Swaziland:

- 1.1 Lack of mental health policy (10 marks).
- 1.2 Lack of family guidance (10 marks).
- 1.3 Stigma attached to mental health (5marks).

(25 marks)

## QUESTION 2

Mental health professionals can play a major role in strengthening mental health services. How would the following factors influence the improvement of mental health services?

- 2.1 Proper education (10 marks).
- 2.2 Advocacy (10 marks)
- 2.3. Commitment to quality mental health services rendering (5 marks).

(25 marks)

## QUESTION 3

Sport related activities more especially football turns to attract a lot of spectators. This means therefore that sports activities can be used to spread information about HIV and AIDS prevention and control. Some of the measures that can be taken to maximize information dissemination on HIV and AIDS are (a) reduction of drug use or abuse during in sports (b) Close monitoring of sports activities among the youth and instillation of responsibility and accountability among football players.

- 3.1 Reduction of drug abuse in sports (10 marks).
- 3.2 Instillation of responsibility and accountability among football players (10 marks).
- 3.3 Close monitoring of sports activities among youth players (5 marks).

(25 marks)