



UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
GENERAL NURSING SCIENCE DEPARTMENT
FINAL EXAMINATION: MAY/JUNE 2021

TITLE OF PAPER: INTRODUCTION TO PSYCHOLOGY

COURSE CODE: GNS111

DURATION: 2 HOURS

TOTAL MARKS: 75

INSTRUCTIONS:

- READ THE QUESTIONS AND INSTRUCTIONS CAREFULLY
- ANSWER ALL THE QUESTIONS
- THE PAPER CONSISTS 3 QUESTIONS
- BEGIN EACH QUESTION ON A NEW PAGE
- NO. OF PAGES: 9 INCLUDING THE COVER PAGE

**DO NOT OPEN THE QUESTION PAPER UNTIL INSTRUCTED BY THE
INVIGILATOR**

SECTION 1

[25 marks]

Select the most appropriate response. Eg 27. C

1. Lungile is overly concerned with being neat and tidy. Freud would most likely suggest that Lungile is fixated at which stage of psychosexual development.
 - A. Anal
 - B. Oral
 - C. Phallic
 - D. Genital

2. Nothando is a 26 years old architect. She has never had any close friends nor had she ever had any intimate relationship. She prefers to be alone, and has no desire for any relationship. Which personality disorder would you classify Nothando?
 - A. Paranoid
 - B. Schizoid
 - C. Avoidant
 - D. Antisocial

3. _____ involves the exploration of a person's unconscious thought processes through methods such as free association and dream analysis.
 - A. Cognitive Psychology
 - B. Introspection
 - C. Psychoanalysis
 - D. Magnetic Resonance Imaging (MRI)

4. After listening to several witnesses who testified against him by consistently saying he was on the wrong lane, Manqoba who was involved in a car crash remembered and conceded that he was driving on the wrong lane. When the street cameras were reviewed, they all discovered that he had driven on his lane the whole time, and it was the other driver who was wrong. How would you describe this type of memory:
 - A. Suggested memory
 - B. False memory
 - C. Priming
 - D. All of the above

5. Behavior is guided by one's self- image, subjective perceptions of the world and the need for personal growth. Which behavioral view is this?
- A. Humanistic view
 - B. Cognitive view
 - C. Behaviouristic view
 - D. Psychodynamic view.
6. According to Piaget, the understanding that things continue to exist even when they are out of view is called:
- A. Object permanence
 - B. Mental representation
 - C. a schema
 - D. abstract conceptualization
7. Jones aspires to be an architect. He loves the idea that he can design something that can be appreciated by others. This form of motivation can be classified as:
- A. Biological
 - B. Learned
 - C. Intrinsic
 - D. Extrinsic
8. Nonku, a class rep for GNS111, had a family emergency to attend to and couldn't prepare for the test. Without consulting the class, she told the lecturer that the class is not ready to write the test and therefore is asking to postpone it. Which defense mechanism is Nonku displaying here:
- A. Displacement
 - B. Projection
 - C. Denial
 - D. Rationalization
9. Human memory is especially superior to a computer in its ability to:
- A. Locate and retrieve material using only partial cues.
 - B. Store and retain lots of information in a complete unchanged form.
 - C. Quickly compute multiple calculations.
 - D. Do repetitive memory actions for a long period of time without glitches.

10. Menzi didn't feel like going home in the past 6 months, and on his visit last week, he told his mother that he couldn't come home because he was protecting her from Covid 19. Which defense mechanism is Menzi showing here?
- A. Denial
 - B. Rationalization
 - C. Sublimation
 - D. Identification
11. In this stage of psychosocial development, secondary sex characteristics develop and individual seek autonomy, choice and privacy. Which conflict is experienced by the individuals at this stage?
- A. Identity vs role confusion
 - B. Autonomy vs shame and doubt
 - C. Intimacy vs Isolation
 - D. Initiation vs inferiority
12. This emotion is important when dealing with vulnerable people because it enables you to 'walk in their shoes', to try to understand how they feel.
- A. Empathy
 - B. Anger
 - C. Compassion
 - D. Fear
13. Psychoanalysis teaches us that we all have natural urges, therefore we must:
- A. Get over it.
 - B. Make sure that we fulfill these so that we don't get fixated
 - C. Find appropriate and safe ways to express or fulfill these.
 - D. Ignore these because they are trouble
14. This psychological approach defines behaviour as observable, therefore is learned.
- A. Psychoanalytic
 - B. Cognitivism
 - C. Behaviourism
 - D. Evolutionary

15. People with amnesia will show damage to which brain structure?
- A. Hypothalamus
 - B. Cerebellum
 - C. Hippocampus
 - D. Limbic system
16. Children in the pre-operational stage have difficulty taking the perspective of another person. This is known as:
- A. Egocentrism
 - B. Reversibility
 - C. Conservation
 - D. Accommodation
17. It refers to any observable action or reaction by a living organism ranging from obvious action, anything we say to subtle changes in the electrical activity occurring deep inside our brains.
- A. Character
 - B. Cognition
 - C. Behaviour
 - D. Reaction
18. The process through which individuals learn to repeat behaviours that yield positive outcomes or that allow them to avoid or escape from a negative outcome.
- A. Operant conditioning
 - B. Classical conditioning
 - C. Observational learning
 - D. Modelling
19. Mr. Zwane aspires to be the next CEO of the hospital, and has been campaigning among staff and other stakeholders. His strategy involves undermining the current CEO who according to him, is not effective. So he promises better living and working conditions for staff, getting hefty grants to improve patient welfare and safety in the hospital. According to McClelland, individuals with the need for power (nPow), are motivated by:
- A. Responsibility, money and sex
 - B. Success, money and power
 - C. Approval, responsibility and success
 - D. All of the above.

20. Nelly (20 years) clearly remembers the details of her mothers' funeral which occurred 6 years ago. She remembers what was spoken and by who; what they ate etc. Which type of memory is depicted here:
- A. Flashbulb memory
 - B. Episodic memory
 - C. Implicit memory
 - D. Sensory memory
21. A person who is highly aroused, yet is experiencing a negative or unpleasant emotions is likely to present with:
- A. Sadness, depression
 - B. Excitement (extreme elation)
 - C. Anger or anxiety
 - D. Calm and relaxed mood.
22. Noma (23 years) is in love with Sam. She wants to secure this relationship for marriage so she does all she can to please Sam. According to Maslow, which need is Noma aiming to fulfill?
- A. Love and belonging
 - B. Security
 - C. Physiological
 - D. All of the above.
23. Selu can fix any appliance they have at home, yet she is only doing form 3. She's passing averagely at school though. According to Sternberg, which type of intelligence is demonstrated by Selu?
- A. Componential
 - B. Analytic
 - C. Practical
 - D. Kinesthetic
24. Regarding Memory, priming refers to:
- A. the unconscious form of memory concerned with perceptual identification of words and objects
 - B. Activating associations in memory just before carrying out an action or task.
 - C. memoryless memory
 - D. All of the above

25. Mr. Meyers always go with his son Rudy to human rights rallies and protests. His explanation for taking his son is that he is training him to be a transformative leader and not to sit around and endure oppression. This form of learning by Rudy is referred to as:

- A. Vicarious learning
- B. Social learning
- C. Observational learning
- D. All of the above

SECTION 2

[25 marks]

Write the response (1 or 2 words) described by each of the following statements.

#	Statement
1	We become most authentic when all our basic needs have been met. Maslow defines this stage as _____?
2	Zama (17 years old) throws a tantrum when her mother told her she cannot get the pizza. What defense mechanism is Zama displaying?
3	Bethu, a class rep for GNS 111, had a family emergency to attend to and couldn't prepare for the test. So she told the lecturer that the class is not ready to write the test and asked for postponement without consulting the class.
4	Menzi didn't feel like going home in the past 6 months, and on his visit last week, he told his mother that he couldn't come home because he was protecting her from Covid 19.
5	Julius (11years) is bullied at school. Whenever the bullies attacked him, he will come home and be mean to his younger brother.
6	Molly was sexually assaulted by her cousin when she was 6 years old, and she does not remember this incidence ever happening. Which defense mechanism is Molly presenting with?
7	Missy does not like the Gamedze family, but when they have come to visit, she prepares the most delicious meal for them and cordially invite them to her home.
8	The name Freud gave to label death instincts such as aggression and death
9	In this stage of psychosocial development, secondary sex characteristics develop and individual seek independence, choice and privacy. Which conflict is experienced by the individuals at this stage?
10	Dior is an outgoing, highly energetic, happy person who loves company. Cattell would describe

	Dior as _____
11	Refers to the speed of processing information
12	Mavis is motivated to attend the annual reed dance because she will receive a new pair of sneakers, cash and recognition by the chief. Which motivational theory explains her love for the reed dance ceremony?
13	Mary wants to experience sex because all of her friends have done it. Which level of moral development according to Kohlberg is Mary at?
14	You are currently studying towards your first degree. According to Maslow, what type of need is motivating you?
15	Musa is an athlete and has won the school 3 championships, however, he is struggling with his academics. Which type of intelligence does Musa possess according to Gardener?
16	You are probably studying hard to avoid losing scholarship next year. Which component of operant conditioning are you applying?
17	At this stage of cognitive development, Piaget posits that the child is unable to understand that others may see the world differently than they do?
18	The brain's ability to re-organize itself to form new neural connections throughout life.
19	Mzamo's can solve maths equations done by those in form 3 (around 15 years), yet he is only 5 (five years). Calculate and interpret his IQ according to Stanford-Binet formula (3 marks)
20	Donny enjoys to be the centre of attention, loves to be always on top and hates it and is intimidated by people who appear to be better than him. His employees complain that he wants to be worshipped, feels entitled. Which personality disorder can you classify Donny?
21	Sizwe is known as a perfectionist. He is concerned about details and accuracy, conforms to standards. His work is always flawless however, he is also rigid, reserved and unsociable, pessimistic and often frustrates people in the office as he stifles progress. Hans Eysenck would describe Sizwe's personality as a _____?
22	According to Pavlov, what is the type of response produced by the dog salivating when presented with food?
23	In Pavlov experiment on the dog, the bell initially represent what kind of stimulus before the learning occurred?

SECTION 3

(25 marks)

- 3.1 Describe the EQ competencies model by Goleman and how you can effectively use these attributes in your life as a student nurse at the UNESWA. **(16 marks)**

- 3.2 Describe the dark triad (9 marks).

GOODLUCK !!!
