

UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF MIDWIFERY SCIENCE
FINAL EXAMINATION: JUNE 2021

TITLE OF PAPER: FOUNDATIONS OF MIDWIFERY

COURSE CODE: MWF401

DURATION: 2 HOURS

TOTAL MARKS: 75

INSTRUCTIONS

- 1. ANSWER ALL QUESTIONS**
- 2. FIGURES IN BRACKETS INDICATES MARKS ALLOCATED FOR EACH OR PART OF QUESTION**
- 3. START EACH QUESTION ON A NEW PAPER**
- 4. THE QUESTIONS DO NOT CARRY EQUAL MARKS**
- 5. USE BULLETS FOR EACH POINT IN YOUR ANSWER WHERE POSSIBLE**

**DO NOT TURN THIS PAPER UNTIL YOU HAVE BEEN INSTRUCTED BY THE
INVIGILATOR**

SECTION A: MULTIPLE CHOICE QUESTIONS

QUESTION 1: Choose the most appropriate response from each of the following statements and write the number and letter which you think is best. For example 40.A

- 1.1 Who was called the father of scientific medicine who organised, trained and supervised midwives?
- A. Dr Smellie
 - B. Hippocrates
 - C. Aristotle
 - D. Leonaldo da vinci
- 1.2 At which institution were births first conducted by missionaries in Eswatini?
- A. Raleigh Fitkin Memorial Hospital
 - B. Piggs Peak Hospial
 - C. Mbabane Governement Hospital
 - D. Good Shepherd Mission Hospital
- 1.3 Which of the following is among the four important areas of the code of professional conduct by Midwives (set by ICM)?
- A. Advancement of midwifery knowledge and practice
 - B. Midwifery accountability
 - C. Professional Midwifery associations
 - D. The professional collaboration of midwives
- 1.4 In which year did the launching of a partograph, the tool for monitoring the progress of labour by ICM and WHO take place?
- A. 1787
 - B. 1987
 - C. 1897
 - D. 1997
- 1.5 Midwives and health care facilities have an obligation to respect, protect and fulfill reproductive rights of women. Which of the following is an example of a violated reproductive health right for women?
- A. Contraceptive use
 - B. Forced sterilization/abortion
 - C. Giving birth at home
 - D. Confidentiality
- 1.6 What does Midwifery scope of practice mean?
- A. Those activities which midwives are educated, competent and authorized to perform
 - B. The extent to which the service delivery is in accord with standards, and meets expectations or needs
 - C. An agreed manner of performance, a benchmark for expected performance

- D. Offering guidance through mutual engagement in a dialogue about issues of clinical practice

1.7 In which year, did the introduction of formal midwifery education occur in Eswatini?

- A. 1960s
- B. 1950s
- C. 1940s
- D. 1930s

1.8 Under which act was the Eswatini Nursing Council established?

- A. Act of 1967
- B. Act of 1997
- C. Act of 1987
- D. Act of 1957

1.9 Which of the following is the objective of Eswatini Nursing Council?

- A. Establishes a board for the purpose of prescribing and conducting professional examinations for
- B. Train and ensure employment of well qualified nurses and midwives for public and private facilities
- C. To promote, preserve and protect the community health safety and welfare by and through effective control and regulation of the practice and education of Nursing
- D. Regulates Nursing and midwifery practice and education to enforce provision of the Act

1.10 Which of the following statements best describes the power of the Eswatini nursing council?

- A. Ensures employment of qualified nurses and midwives
- B. Prescribe nurses and midwives uniform
- C. Punish offenders
- D. Develop, adopt, amend rules and regulations of nurses and midwives

1.11 Which of the following statements is the aim of Safe motherhood initiative?

- A. Educate women about safe birthing practices
- B. Raise awareness about the state of women's health globally
- C. To promote the use of family planning among women
- D. Encourage hospital deliveries among rural women

1.12 What does cultural assimilation mean?

- A. Being sensitive and accepting of one's culture when rendering reproductive services
- B. Involving women in the care plan and decisions that affect their culture and health
- C. The term used to describe the cultural values of a person or organization

D. The social process of absorbing one's culture and form one cultural group of the society

1.13 The essence of communication is understanding. From the list below, which factor influences one's understanding?

- A. Ones level of education
- B. Ones perception
- C. Ones cultural background
- D. Ones cultural beliefs

1.14 Which of the following is the role of a professional counsellor?

- A. Assist a client to identify her problem
- B. Force client to face her challenges
- C. Develop a plan for client's issues
- D. Accept everything that the client says

1.15 Which one of the following models of care offers de-personalised care?

- A. Obstetric
- B. Physician
- C. Midwifery
- D. Medical

[15marks]

SECTION B: STRUCTURED QUESTIONS

QUESTION 2

2.1 As the Maternity ward sister you notice that the newly deployed midwives are not observing infection prevention measures. With a lot of blood and other body fluids spillage in Labour ward, you fear cross infections. You decide to prepare a talk with the midwives, what points would you include to educate the Midwives on how to handle spillage in Labor ward?

[5marks]

2.2 Discuss the Midwifery Model of care on the following concepts

- 2.2.1 The meaning of birth (4)
- 2.2.2 The birth process (4)
- 2.2.3 The environment (2)

(10marks)

[15marks]

QUESTION 3

Philile is a known prostitute in your community, she was orphaned at an early age and lives with her grandmother until now. She is not married but has 4 children from different men. Now at 28years she is pregnant again, she has been telling people that she doesn't want the pregnancy because the father is married and has refused responsibility, she also feels that her

life is not worth living. She has been referred to you for counseling by the community social worker.

Discuss five (5) counselors' attitudes you are going to use during the counseling session. Describe what the attitude entails and how it would help in the counseling process.

[15marks]

QUESTION 4

Recent Maternal statistics at a busy Hospital show an increase in maternal deaths. As a matron responsible for this facility and surrounding communities, what practical approaches would you put in place to reduce the maternal deaths and promote maternal health using the 6 pillars of safe motherhood?

[30marks]

TOTAL [75 marks]