



UNIVERSITY OF ESWATINI

FACULTY OF HEALTH SCIENCES

DEPARTMENT OF MIDWIFERY SCIENCE

RESIT EXAMINATION: JULY, 2021

TITLE OF PAPER : NORMAL PUERPERIUM AND POST NATAL CARE
COURSE CODE : MWF403
DURATION : TWO (2) HOURS
TOTAL MARKS : 75

INSTRUCTIONS

- 1. ANSWER ALL QUESTIONS**
- 2. FIGURES IN BRACKETS INDICATE MARKS ALLOCATED TO EACH PART OF A QUESTION**
- 3. BEGIN EACH QUESTION ON A NEW PAGE**
- 4. QUESTIONS CARRY EQUAL MARKS**
- 5. USE BULLETS FOR EACH POINT IN YOUR ANSWER WHERE APPLICABLE**
- 6. THIS PAPER HAS 9 (NINE) PAGES**

**THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION IS GRANTED BY
THE INVIGILATOR**

Question 1

The following questions require short answers

- 1.1 Identify 6 aims of postnatal care (6)
- 1.2 Identify 5 (five) hunger cues shown by a newborn (5)
- 1.3 Describe the timing periods of the postpartum period (6)
- 1.4 Explain 4 (four) sources of psychological or emotional problems that women may suffer in the puerperium (8)
- (25)**

Question 2

The following questions require short answers

- 2.1 Discuss the physiological changes of a woman in the post partum period, with specific reference to the following:
- 2.1.1 Prolactin (3)
- 2.1.2 Human Chorionic Gonadotrophin Hormone (2)
- 2.1.3 Urinary system (5)
- 2.1.4 Digestive system (5)
- (15)**
- 2.2 Describe the Apgar Scoring System (10)
- (25)**

Question 3

- 3.1 Identify 3 (three) principles of effective contraception counselling (3)
- 3.2 Identify 2 (two) side effects of progestin only pills (2)
- 3.2 Discuss the midwifery management of a woman and her newborn in the postpartum ward (20)
- (25)**

Total[75 Marks]