

UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
FINAL EXAMINATION PAPER MAY 2021

COURSE TITLE : TREATMENT AND MANAGEMENT MODALITIES FOR MENTAL HEALTH PROBLEMS I

COURSE CODE : NUR554

DURATION : TWO (2) HOURS

MARKS : 75

INSTRUCTIONS:

- 1. THIS PAPER CONSISTS OF THREE QUESTIONS; ANSWER ALL QUESTIONS**
- 2. EACH QUESTION CARRIES 25 MARKS**

THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GIVEN BY THE INVIGILATOR

QUESTION 1

Inferiority feelings as a life style may lead to self-defeating behaviours in individuals. Using the concept of the five key aspects of personality discuss the evidence of inferiority complex that may act as stumbling blocks in the formation of professional teacher/students positive relationship. Please note that there is five (5 marks) for each aspect of personality discussed

25 marks

QUESTION 2

Cognition, Behaviour and Affection are important key elements of behaviour. These components are often reflected in the interpersonal process. Discuss how cognition, behaviour and affective become essential in learning.

- a) Cognition (10 marks).
- b) Behaviour (10 marks).
- c) Affection (5 marks).

25 marks

QUESTION 3

Due to frequent attachment to psychotherapeutic interventions, sometimes clients may develop some vast experience in psychotherapy from a number of psychotherapists. In this case the client may end up experiencing the who, how and whom factor. In your understanding and relying on your knowledge in psychotherapy, discuss the importance of the who, how and whom Factor in psychotherapy.

- a) Who factor (10 marks).
- b) How factor (10 marks).
- c) Whom factor (5 marks).

25 marks