### UNIVERSITY OF SWAZILAND

# FACULTY OF SOCIAL SCIENCES

## DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK

### FINAL EXAMINATION MAY 2017

COURSE	:	GENERALIST SOCIAL WORK METHODS
COURSE CODE	:	SWK 114
TIME ALLOWED	:	2 HOURS
INSTRUCTIONS	:	SECTION A IS COMPULSORY
		ANSWER ANY TWO (2) QUESTIONS IN SECTION B

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# SECTION A (Compulsory)

# **QUESTION 1**

- i. Which one of the following steps of the decision tree deals with the legal context of social work practice?
  - a. Step one: fiduciary model-assure client safety
  - b. Step two: meet urgent need
  - c. Step three: meet need in a timely manner
  - d. Step four: case and class advocacy
- ii. The first standard in overarching cultural principles is to:
  - a) Adhere to professional ethics and values
  - b) To recognize the relativity, rather than the universality of one's own cultural framework e.g. world views
  - c) To acquire cross-cultural knowledge and skills through one's professional education.
  - d) To demonstrate ethical leadership in the promotion of tolerance
- iii. All of the following are TRUE about Standard 6: Empowerment, EXCEPT:
  - a. Practitioners must be knowledgeable about how each method constructs power
  - b. Practitioners must be knowledgeable about how each theory constructs power
  - c. Practitioners must be knowledgeable about the power balance in the worker-client relationship
  - d. Practitioners must never use power when engaged in social work practice; only clients may.
- iv. All of the following ways of knowing are considered valid aspects of competent practice EXCEPT:

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- a. Empirical evidence and science
- b. Opinion and unexamined ideology
- c. Philosophical proof
- d. Moral reasoning
- v. All of the following are TRUE about generalist practice EXCEPT:
  - a. It is based on open assessment.
  - b. It examines systems of different sizes.

- c. It is multi-method and multi-theory.
- d. Its use is not appropriate in direct practice.
- vi. According to the text, all of the following are criteria for competent practice EXCEPT:
  - a. Open assessment of all system sizes.
  - b. Selective use of one or more methods and theories in the same case.
  - c. Screening of methods, theories, and evidence for their cultural relevance.
  - d. Use of moral reasoning, values analysis and theories of social justice.
- vii. Which of the following represents purposeful expression of feelings in social helping process?
  - a. Recognition of the client's need to express feelings freely.
  - b. Social worker listens purposefully.
  - c. Social worker neither discourages nor condemns the expression of feelings.
  - d. Sometimes worker actively stimulates and encourages expression of feelings.
- viii. Which of the following defines cognition?
  - a. Conscious and preconscious thinking processes.
  - b. Personal beliefs and subjective interpretations.
  - c. Erroneous beliefs result from misinterpretations and inaccurate conclusions.
  - d. All of the above
  - ix. Which of the following speaks to the human emotion?
    - a) Feeling states based on our appraisal of stimuli.
    - b) Affect physiological expression of emotion.
    - c) Mood & Anger.
    - d) All of the above.
  - x. A female client comes to see a social worker to discuss her relationship issues. According to the psychosocial perspective, the social worker should:

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- a. Ask her to disclose the issues affecting her life
- b. Begin training behavioral techniques

- c. Provide a referral to a psychologist for testing
- d. Refer to a marriage and family therapist
- xi. As a new clinical social worker you find yourself being told by your supervisor you need to be more confrontational. This seems at odds with the social work mission, until you supervisor explains the primary purpose of confrontation is to:
  - a. Demonstrate accurate understanding
  - b. Help a client change her view of a problem
  - c. Make a client aware of inconsistencies
  - d. Help the client identify alternatives to her present behavior
- xii. You have been hired, by a private, non-profit agency, which works with the HIV and AIDS population. The primary function of your unit is to educate sexually active individuals about the disease and to help them understand the importance of testing, life-style changes and treatment if necessary. What is the BEST way to describe your agency's type of prevention?
  - a. Crisis intervention
  - b. Tertiary prevention
  - c. Secondary prevention
  - d. Primary prevention
  - a. 17 year old son needs to separate psychologically from his family
  - b. A couple with two children that has decided divorce
  - c. A separated couple with two children, one child in the family has an eating disorder
  - d. An enmeshed family, where improvement in one member is likely to cause distress . the other members

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### **SECTION B**

Answer any TWO Questions

# **QUESTION 2**

Using examples, discuss the merits and demerits of adopting the scientific process (explanationprediction-prescription) in social work practice.

### **QUESTION 3**

Explain how you would use the strengths based practice approach to prevent social dysfunction.

QUESTION 4

Explore the notion that social workers must distinguish between personal, professional, and client values.

### **QUESTION 5**

Discuss some of the ethical problems that may arise during the process of a social worker's assessment of a client's thought processes.

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